



It's not – WHAT –
we have in life, but – WHO –
we have in our life that
MATTERS.

– J.M. Laurence

-MEET-



Lauren, Paul & Isaac



About Paul -By Lauren-

I knew early on that Paul and I would be a good couple when we could continually laugh at each other's corny jokes. Paul is the kind of guy that loves life and easily finds joy in the little things.

As a high school band director, Paul's biggest passion is music and sharing that enthusiasm with his students. In addition to teaching he also plays with the St. Louis Brass Band and the St. Louis Philharmonic. While his main instrument is the Bass Trombone, he is also very accomplished on all the low brass instruments, and will even goof around with a woodwind on occasion.

I love watching Paul share his love of music with Isaac. He had his first piano lesson the first night he was home with us! He also loves sharing sports and getting outside with Isaac to have fun.

Paul is also incredibly caring and selfless, trying to spread the happiness in his own life to the people around him.





About Lauren -By Paul-

It may be a cheesy line, but Lauren truly completes me. Through our early online correspondence I knew what kind of wonderful person Lauren was and continues to be. The first striking feature that got my attention is Lauren's beautiful curly red hair. Shortly after catching my breath I found out how intelligent she is. There is no surprise she uses her intelligence as a veterinarian.

We made early connections on our shared love of music and animals. It is a blessing she was very involved in her high school band program to understand my career and what I do day to day. On our first date we walked and talked for hours. To meet someone for the first time and not have a dull moment for hours meant a lot for both of us.

Lauren works hard in her career as a veterinarian. She goes to work day after day to continually help numerous animals heal, recover, and stay healthy.

Watching Lauren be a mother has been amazing. Her true care, love, and support has been evident in every

second spent with our son. Isaac is blessed to have such a great mom.

Through our time together I have grown to love her more and more. I am living my life with a very special woman. Lauren is smart, kind, caring, selfless, serving, and generous. I also knew very quickly Lauren would be a great mother and has proven to be. The first time I saw her interacting with young children I was amazed. Lauren played with the children with such love and care.

Lauren lives everyday to help all those around her. humans and animals.



About Us



Like most couples these days we met online. We emailed back and forth daily for a few weeks before having our first date on a beautiful fall day in downtown St. Louis. For our second date Paul had to pass the test of meeting Lauren's dog, who fell in love with Paul as fast as Lauren did. A little over a year later, surrounded by friends and family, we were married.



One of Lauren's favorite sayings has always been, "The surest way to make God laugh, is to show him your itinerary." When we wanted to start a family, infertility changed the plan we had envisioned. We went through numerous tests and treatments, but God's plan was for us to build a family in a different way. The challenges we've been through have only served to make us stronger and to be even more appreciative of all the blessings we have in our lives.



In January, 2019 we brought home our son Isaac as a four month old baby, and were able to finalize his adoption later that year. He's been the most wonderful addition to our family and will make the perfect big brother!





Meet Isaac

Isaac became our son in January, 2019 when he was 4 months old. From the first time we held him it just felt right. He immediately smiled at us, and hasn't stopped smiling! Even as a toddler he has maintained his sweet, loving temperament. Isaac loves to be active and go on walks and hikes. If weather doesn't allow, then he settles for doing laps around the house. When he's not

running around he likes to cuddle up on the couch to read a book or play with his stuffed animals. Our pets are also favorite play buddies and have accepted him as part of the pack. His first word was actually kitty! When we're at work he enjoys spending time at daycare or with friends. He's always been very social and loves "talking" with new people we meet while out on walks. He's going to be so excited to have a little brother or sister to have adventures with!

